

SPRING CHIROPRACTIC

INFORMED CONSENT

It is our responsibility to fully inform you of all aspects of your treatment. Part of this includes a discussion of the potential side effects or complications. All medical treatments can potentially cause these reactions, and Chiropractic manipulation is no different. It however, has one of the safest records of the wide ranges of treatment that can be used for spinal disorders.

Possible adverse effects of spinal manipulation can include soreness in the area of treatment, reactive muscle spasm, injury to the disc causing pressure on nerve tissue, fractures in weakened bone such as ribs, and injury to arteries in the neck resulting in stroke. Soreness or reactive muscle spasm or tightening are common, but usually just brief reactions to treatment. The potential complications are rare. It is best to examine the frequency of these potential complications versus the relative frequencies of the complications of the other typical treatments which may be used for spinal disorder.

Disc injury from manipulation
causing spinal cord pressure
1 per 100 million

Neurologic complications from surgery
Neck surgery Back surgery
1 per 64 1 per 333

Artery injury from chiropractic
manipulation causing stroke
1 per 5 million

Death rate from neck surgery
1 per 145

Perhaps the most common alternative to spinal manipulation is the use of anti-inflammatory drugs. These drugs cause fairly common and potentially serious complications.

Complications associated with anti-inflammatory drug use include:

Serious stomach or intestinal bleeding	1-4 per 1000 users
Hospitalization from complications	20,000 per year
Deaths from complications	2,600 per year

I have read the above and understand the risk of complication that may occur from spinal manipulation. With this understanding, I consent to treatment with spinal manipulation at Spring Chiropractic.

Patient Name (Printed): _____

SIGNATURE: _____ Date: _____
(Signature of Parent or Guardian if Minor)